

# WHY JOIN THE ECHO STUDY?

- ✓ Be part of a large national study of more than 64,000 children and families across the U.S.
- ✓ Contribute to science on how the environment affects child health and development
- ✓ Help us learn more about Bay Area families.
- ✓ Receive up to \$50 in electronic Target gift cards for your time and participation in the study



Contact us with any  
questions about the study  
and learn how to join!

**866-405-2312**



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[echofamilystudy@kp.org](mailto:echofamilystudy@kp.org)  
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**ECHO**

Environmental influences  
on Child Health Outcomes

A program supported by the NIH

**Promoting the Health  
of Our Children for  
Generations to Come**



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**Kaiser Permanente  
Research**

<https://echofamilystudy.kaiserpermanente.org/>

[echochildren.org](http://echochildren.org)



## ABOUT ECHO

The Environmental Influences on Child Health Outcomes (ECHO) Program is a research study supported by the National Institutes of Health to enhance the health of children for generations to come.

➡ This study will help us to learn about things in our environment that can promote good health for our kids.

➡ It will also help us to learn about things in our environment that cause diseases like allergies, asthma and obesity.

➡ You may be eligible for the study if you are the current partner of the biological mother or caregiver of a child enrolled in the ECHO study that is 6-11 months old.

## WHICH AREAS OF CHILD DEVELOPMENT DOES ECHO FOCUS ON?



**Birth Outcomes**



**Upper and Lower Airway Health**



**Body Weight & Obesity**



**Brain Development**



**Well-Being**



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## WHAT WOULD I BE ASKED TO DO IN THE STUDY?

If you decide to join the study, you will be asked to complete online surveys, and if eligible, provide biospecimen samples when your baby participating in ECHO is between 6-11 months old.



**COMPLETE  
SURVEYS**

One Time

You can complete the surveys online and at a time that works best for you.

**PROVIDE  
SAMPLES**

One Time



If eligible, you will be asked to provide a one-time saliva, urine and semen sample.